

What to expect from your Careers Interview

Effective careers support aims to empower people to be motivated, optimistic and skilled to manage their careers at different stages in their life.

A careers guidance interview can support you to:

- Reflect on your career journey to date
- Consider influences that might impact on your career choices
- Understand your strengths
- Think about your values and your vision for your future
- Decide how your career might fit into your wider life
- Explore specific career areas
- Signpost to resources and support you to create an action plan for your future.

An initial phone call (up to 20 minutes) to discuss needs, then an hour long meeting in person at the Complete Careers office in Lincoln (Greetwell Place) or online, resulting in a personalised action plan. Finally another follow-up phone call. This will take place with an experienced adviser and is charged at £80 in total.

If you are interested in organising a careers interview, please contact us at enquiries@complete-careers.com.

There is no need to prepare for an interview, but you might want to complete a Careers Personality Quiz, such as the one on our <https://careersquiz.complete-careers.com/> before you meet with the careers adviser

All our Careers Advisors have Level 6/7 Careers Guidance Qualifications and are members of the CDI.